

CORRIMAL PUBLIC SCHOOL

A small school making a big difference !

THE CORRIMAL CONNECTION

PRINCIPAL'S REPORT

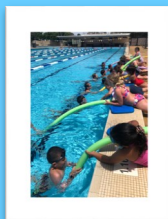
OFFICE UPDATE - important

Currently Mrs Griffiths is taking some leave to rest and recover from an illness. Mrs Walder is now relieving as the School Administration Manager whilst Mrs Griffiths is on leave. Even though Mrs Walder is in our office every day as a School Administration Officer the roles are very different with varying skills and knowledge needed. Mrs Walder has been attending some courses to upskill herself to fulfil the role and is doing an excellent job with this. We also have Mrs Beddingfield relieving in Mrs Walder's position as this still needs to be covered and we are happy that she is able to work 5 days for us. Mrs Davidson is still working in her current role of School Administration Officer on Thursday and Friday which is great consistency for our school. You may see her on other days when we have called her in during extra busy times.

With this in mind, we ask you to be extra patient with us as this is the busiest time of the year for a school admin office and the ladies are working to the best of their ability with the knowledge they possess. I am confident in their abilities but I do understand that some things may not happen as quickly as they may have due to things taking a little bit longer while there is learning occurring on the run. Yes we know this newsletter is out later than it usually is and this is an example of what I am asking you to be patient about. We appreciate your support and understanding with this.

SWIM SCHEME

I would like to congratulate the students who have attended Swimming Scheme for their efforts and behaviour. This is a valuable program and it was wonderful to hear about the fantastic progress our students made with their swimming over the past two weeks. I would like to say a huge thank you to Mrs Holland for coordinating the program, and to Mrs Giesajtis and Ms Smith for accompanying the students.



UPCOMING EVENTS

Week 6	
19/11/19	Year 6 Taster Day CHS 9.30am - 2.30pm
21/11/19	Kidswish Xmas 10.00am - 1.00pm
21/11/19	Kinder 2020 Playgroup 9.15am - 10.45am
22/11/19	PSSA Dragon Tag
22/11/19	School Banking
Week 7	
25/11/19	Captaincy Speeches Voting
25/11/19	Top Blokes - Yr5 boys only
27/11/19	School Assembly 2.00pm-3.00pm
28/11/19	Kinder 2020 Playgroup 9.15am—10.45am
29/11/19	PSSA Dragon Tag
29/11/19	School Banking
Week 8	
2/12/19	Top Blokes - Yr5 boys only
5/12/19	Kinder 2020 Playgroup 9.15am - 10.45am
6/12/19	PSSA Dragon Tag
6/12/19	Carols 6.00pm at Ziems Park
6/12/19	School Banking
Week 9	
10/12/19	Jamberoo Fun Day
11/12/19	Presentation Day 12.00pm
12/12/19	Year 4 COS Cup GALA Day
13/12/19	Rewards Day
13/12/19	School Banking

RESPECT

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Week 6 Term 4

OFFICIAL PLAYGROUND OPENING - VISIT BY RYAN PARK

It has been a long time coming and we have finally managed to find a date that Ryan Park can visit our school to do the official opening of the Nature Playground. We were able to install this because of our successful grant application through the Community Building Partnership that the P&C applied for. This is stage 1 of our playground vision and we are still committed to fundraising for the second stage to be completed.

Mr Ryan Park MP will first attend our volunteer afternoon tea and then we will ask him to be a part of our opening ceremony at 2:10pm.

All parents' and carers are welcome to join us as we officially open the Nature Playground at 2:10pm.

PRESENTATION DAY ASSEMBLY

This year our Presentation Day Assembly will be held on the 11th December, at 12:00pm in the school hall. This assembly recognises student achievement in a number of areas. Please add this date to your calendar.

IMB BANKING

As previously announced the P&C will be completing their banking with the IMB Bank and so will student banking as of 2020. The people from the IMB will be visiting the school on Tuesday 3rd December at 2pm to do an engaging presentation with students. The K-2 students will have the first presentation and the 3-6 students will be second.

After the presentation there will be an opportunity for parents to speak with the people from the IMB and open accounts on the spot. They will stay during the afternoon during school pick up. Parents can also visit the IMB branch to get an account established if this time is not suitable.

CAPTAIN NOMINATIONS FOR 2020

In week 7, Monday 25th November at 12pm, our year 5 students will present their captain's speeches to the school. Parents are welcome to attend and listen to the speeches. I congratulate all of those students who have decided to run for school captain and wish them all the best as they prepare for their speech.

ARRIVING LATE TO SCHOOL

There has been an increase in students arriving late to school over the last few weeks. Attendance every day at school is important for your child's progress. It helps build friendships, life-long work habits and makes sure learning takes place. Did you know that arriving 20mins late to school each day, is the equivalent of missing 11 school days in a year?

Be "ON TIME" to get a great start!

- *Students have a chance to unpack their belongings and to play with their friends.
- *Students are ready to start school with the class without being rushed or feeling frustrated.
- *Teachers and students who have already begun work are not interrupted.
- *Students get into the habit of punctuality, which is important in all aspects of life.



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Week 6 Term 4

END OF YEAR CELEBRATION DISCO

On Friday 13th December we will be holding a disco for our students as an activity to celebrate the year and our successes. We will hold a disco for the K-2 students and one for the 3-6 students, it will be held during the school day. The students will be allowed to wear mufti dress. More information to follow closer to the date.

GOLD AWARD CELEBRATION

On the same day as our disco, Friday 13th December, we will also hold our Gold Award Celebration - a pizza party with goodies. Due to the water restrictions and in light of the fires we will not be participating in the colour run that occurred last year. The disco as well as the special pizza party for students who achieve gold is a way to celebrate their success. A gold ticket invitation will be sent home with each student who achieves gold this year. **The cut off for students to hand in awards to reach Gold will be Tuesday 10th December.**

KINDER ORIENTATION

The last Kindergarten Orientation for 2019 was a very successful Teddy Bear's Picnic on Friday 8th November. It was great to see so many attendees and what a great place under our beautiful trees to host the picnic. We are looking forward to all of our new kindergarten students starting their first formal year of kindergarten in 2020.



VOLUNTEER AFTERNOON TEA

There will be a 'Volunteer Afternoon Tea' held in the school hall on Wednesday 4th December, commencing at 1:30pm. This afternoon tea will be prepared by teaching staff and office staff and is our way of saying thanks to all parents, grandparents and community members who have helped within the school throughout the year. Invitations will be sent out very soon.

Ms Karen Vincenzini
Principal

KINDY PLAYGROUP

Kindy Playgroup is still running for another three Thursdays from 9:15am—10:45am.

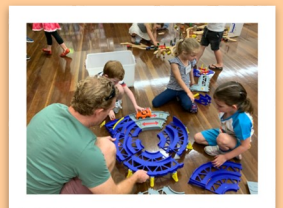
Thursday 21st of November there is a visit to the school library (please arrive before 10:00am)

Thursday the 28th of November the uniform shop will be in the hall again so you can try on and buy school uniforms before the end of the school year.

Thursday the 5th of December is the Christmas Party! Please bring a plate of yummy treats to share with your new friends (please be mindful to not include food items containing nuts).

Hope to see you soon,

Michelle, Jill and Lou



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REMEMBRANCE DAY

Last Monday the students of our school participated in the Remembrance Day Ceremony at ANZAC Grove Park in Corrimal. Our School Captains, Keisha Baldwin and Flynn Waddell presented the Prayer of Thanksgiving and the Vice Captains, Kaylee Blanco-Leong and Connor Wales laid a wreath in memory of our fallen soldiers. The students are to be congratulated for their exemplary behaviour and respect displayed throughout the commemorative ceremony.

Jennifer Holland
Coordinator



SWIMMING SCHEME

During the last two weeks many students in Stages 1/2/3 participated in the School Swimming Scheme at Corrimal Pool.

The students thoroughly enjoyed the daily swimming experience and demonstrated developing confidence and skills in swimming and water safety. The students eagerly participated in the swimming activities each day and were praised by their swimming instructors for their progress. And exemplary behaviour.

Jennifer Holland
Coordinator



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KIDS IN2UNI

In our law session we analysed the story of Jack and Jill. We tried to find the truth behind what happened that day they fell down the hill.

Jack says Jill pushed him and so is using Tort Law to sue her for damages. Luckily Little Bo Peep and Little boy Blue were witnesses.

In our biology session we took samples from some of the ponds at Uni. We then took our samples back to the lab to analyze under the microscope.

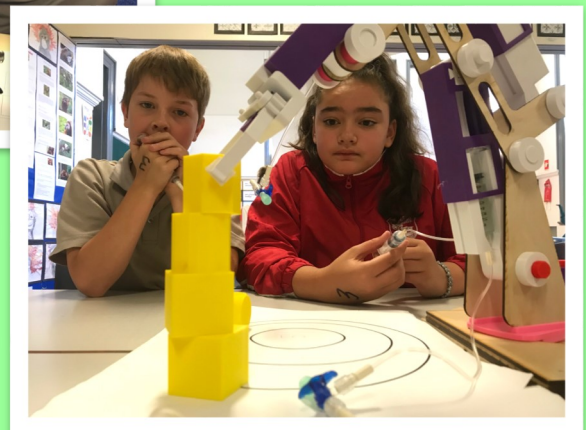


STEM DAY

STEM day at CPS where we have used robotics and teamwork to solve problems. Studied our fingerprints. Extracted the DNA from strawberries. We have also done some coding both plugged and unplugged.

We have had some amazing help and advice from UOW staff and CHS staff and students.

What a great day!



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HAVE A GO SHOW

It's almost the end of 2019 and as per usual our 'Have a go Show' (talent show) draws a close on the school year through the celebration and appreciation of the talents that our students are developing outside the classroom. Auditions will be held this Thursday - 21st of November at Lunch and the following Thursday 28th of November at Lunch also. If you wish to perform on the day please bring in your filled out permission note and hand it to the office or Mr E, before auditions and come prepared to perform on audition dates.

Teachers are very busy at this time of year so please be responsible by ensuring your child arrives prepared to audition. If there are any problems please see Mr. E. ASAP and he will try to assist you in whatever way possible. **We invite family and friends to come along and celebrate these special performances with us on Tuesday the 17th of December from 12.00-1.30pm.**

Get practising and the CPS team will see you there!

Mr Erskine
Have a Go Show Coordinator

COS CAROLS 2019

This year, along with the five other schools from the Corrimal Community of Schools (CoS), our school is once again participating in the annual Community of Schools Carols initiative on Friday 6th December 2019. We encourage all of our students to be involved in this fantastic community event. The students, who are intending to participate in the CoS Carols on Friday evening, will be attending a daytime rehearsal on Friday 6th December, at Ziems Park at 12:00pm. Full school uniform, including a hat is required for this daytime rehearsal. Please return permission notes by **Monday 2nd December** to indicate whether your child will be participating and to enable your child to attend the above rehearsal. Students are encouraged to wear Christmas attire for the Friday night performance e.g Santa hats, Christmas t-shirts or Christmas colours.



Where: Ziems Park, Corrimal - Senior Field
Date: Friday 6th December
Time: 6pm for a 6:30pm start
Entry Cost: Coin donation to the Surf Life Saving Club
Dress: Christmas attire



Looking forward to seeing you all there!

Miss Marks
Carols Coordinator

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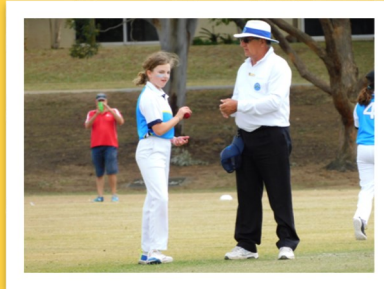
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Week 6 Term 4

KEISHA BALDWIN – NSW STATE CRICKET SELECTION

A massive congratulations to Keisha who has been selected in the NSW PSSA Under 12's Girls state cricket team. Throughout the carnival she scored a total of 115 runs and 7 wickets, including 3/3 off 2 overs. Keisha was picked out of 168 girls to be in the state squad of 12 players. She was the only girl from the South Coast side to be selected, which consisted of players from as far away as Bermagui. Keisha will now travel to Adelaide on the 16th of November to represent NSW and compete in the Australian Championships. We wish Keisha all the best as she comes up against the country's top junior cricketers.

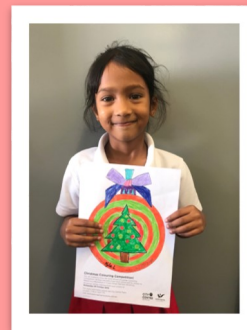
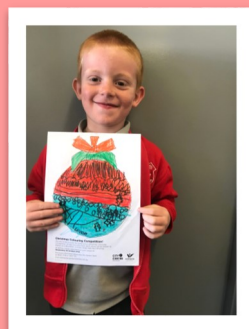
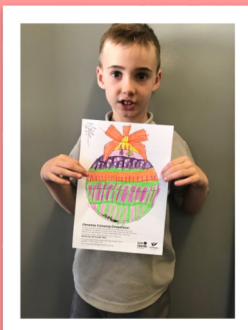
Troy Martin
Sports Coordinator



CHRISTMAS COLOURING COMPETITION

Our Year 1 students have entered the 2019 School Christmas Colouring Competition run by Wollongong City Council. Students coloured in their baubles with lovely, eye-catching designs. One artwork will be selected to feature as a decoration in Crown Street Mall this Christmas. The remaining artworks will be made into a collage and featured in the Mall. Keep a the look out for our students' colourful artworks.

Angie Giesajtis and Amelia Law
Class Teachers



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Year 6 Farewell Beach Party

Please join us

Monday 16th December
Week 10

Time: 5.30pm-7.30pm

Where: School Hall

Dress: Smart

5.30pm – 6pm: Photos

6pm – 6.30pm: Dinner

6.30pm – 7pm: Disco

7pm – 7.30pm: Parents

Parents are invited to join their children in the hall for presentations, awards & cutting of the cake.

Hope to see you there!



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Week 6 Term 4

K Cooinda

* Willow & Harper

* Govind & Leah

K Akama

* Storm & Jake

* Zack & Azalia

K/1 Dulili

* Kade & Lilly

* Koen & Eli

1/2 Arinya

* Emma & Thomas

* Ella & Eli

1/2 Illuka

* Amirah & Remy

* Nyla & Samuel

1/2 Marring

* Connor & Maddisyn

* Charlie & Spencer

3/4 Omaroo

* Arihant & Otis

* Harry C & Malik

3/4 Euroa

* Elise & Jamini

* Rosie & Harrison F

5/6 Tulang

* Charlotte & Keisha

* Nicholas & Amber

5/6 Birrung

* Kiahn & Sammy

* Annie & Cruz

**Merit Awards
For Week 5**



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BRONZE

Koen, Felix, Leonardo, Orlando, Anastasija, Luca

SILVER

Will M, Koen, Anastasija, Jake, Larni, Felix, Leonardo, Orlando, Kahui

GOLD

Samuel B, Larni, Peter, Jed, Aleksandar, Tristan V, Kahui, Zahli, Noah J



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VALUES FOCUS

Teachers are looking for students who are
FOLLOWING TEACHERS INSTRUCTIONS

VALUES TOKENS

In Week 5 students achieved 993 tokens!
This has taken our whole school tally to 3947.
Congratulations to the following classes for gaining the
most "Values Tokens" in Week 5

1st: K AKAMA

2nd: K COINDA

3rd: 1/2 ILLUKA

BONUS VALUES TOKEN DRAW

Congratulations JAN who is our
most recent winner.

CONGRATULATIONS OMAROO

FOR BEING THE BEST CLASS OF
WEEK 5 ASSEMBLY

CANTEEN ROSTER

The P&C is responsible for the running of the
Canteen. Low volunteer numbers has meant
that the Canteen has been closed early, or for
the whole day.

If you can spare a few hours here and there,
please add your name to the canteen roster
by following the link below:

<https://signup.com/go/wdCbrhw>

There are two shifts available if you are
unable to commit to a full day.

Thank you for any support you are able to
provide.

STUDENT BANKING IS EVERY FRIDAY



ASSEMBLY ITEM

TERM 4

WEEK 7 - ARINYA

WEEK 9 - PRESENTATION DAY

COINDA CLASS ITEM - WEEK 5 ASSEMBLY



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P&C NEWS



Canteen Volunteer Special

Welcome to this week's P&C update!

As we wind up the year, we are going to be celebrating all the amazing work our P&C community have done throughout 2019.

This week, we are focusing on the work of our brilliant canteen volunteers.

In this issue:

- Learn about our Canteen's financial performance.
- Read what canteen means to this Kindy mum.
- Regular P&C Updates.

Financial Performance for 2019 to date:

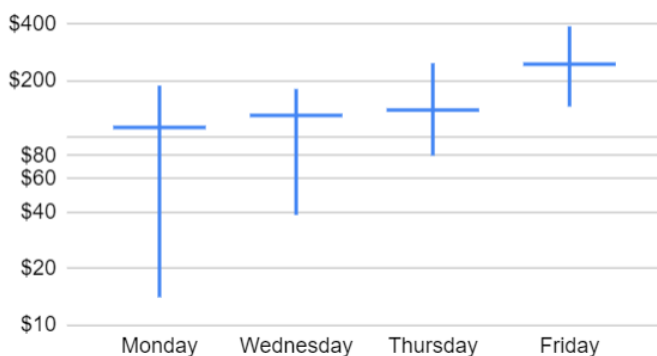
Total (Gross): \$19,819.65

Total Days Occupancy: 125

Highest Earnings Day: Friday (9 Aug) \$390.60

Lowest Earnings Day: Monday (14 Oct)

Daily Takings Range: Max, Average and Minimum



Being a Canteen Volunteer

We asked Amanda King, a Kindy mum what her first time in canteen was like.

My daughter Zahli started kindy this year. So I'm a first time school kid mum.

It took a while to warm up and put my name on the canteen roster, but Term 2 came around and I told my daughter that she could have a lunch order when I was on Canteen.

Finally the day came, and Zahli was so excited about me being on canteen, she looked like she would explode! It was so great to see the excitement about my first day at her school.

What's the worst thing about Canteen?

The worst thing is that I can't do mornings so that only leaves me with Friday afternoons.

What's the best thing about Canteen?

The best thing is seeing how excited my daughter gets, and having her friends come up to say "Hi!", (which I'm sure is more to see what food they can get out of me). So, for those few hours on a Friday afternoon, I don't have to be the mum that nags at them "get your lunch, put your bike away, or no you can't eat a whole plate of fun sized Mars Bars!" I get to be the cool mum in canteen.

Special Thanks:

Thank you to all our amazing Canteen volunteers, as without your help, we would not have been able to provide healthy and enjoyable food options to our children. Special mention to Helen Baldwin, as our Canteen Coordinator; Helen and Kaylene who donated a total of 67 volunteer days; and Stephanie Perrett as Canteen Volunteer Coordinator (T1-3) and Kaylene Wills (T4).





The move to IMB for School Banking is now underway. Banking with the Commonwealth Bank will continue until the end of the year, however now is the time to start setting your IMB accounts.

If your child doesn't already have an account at IMB, simply visit the Corrimal Branch with your child's birth certificate and two forms of identification for yourself.

Sharing the Christmas Cheer

Do you have any spare re-useable grocery bags? P&C are kindly asking any families with spare, clean, good quality 15c usable grocery bags to donate them for Wollongong Homeless Hub.

Donations can be dropped off at the school office by Friday 6th December.



Every Child Deserves a Good Book

Orders due by Monday 2nd December (at drop-off at the latest). Loop orders are the preferred method of ordering. Please no cheques. This is the final order for this year.



JOIN US

for

THE ANNUAL P & C END OF YEAR DINNER

FRIDAY, 29 NOVEMBER 2019
6pm arrival

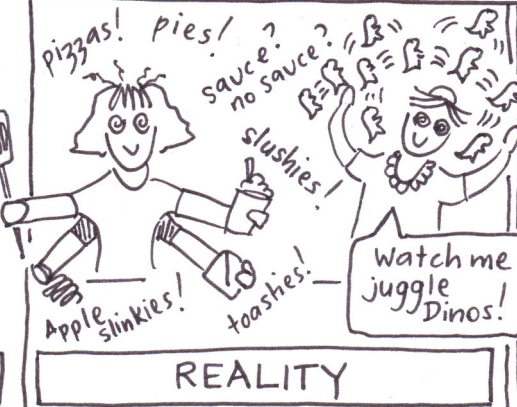
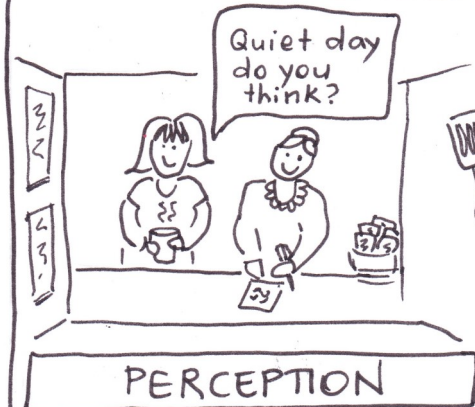
Suite 168 @ Corrimal RSL Club
Princes Hwy, Corrimal

RSVP to DEBB
at 0416 275 104 by 22/11/19

Cost \$35pp
MENU: Tropical themed
Drinks available for purchase
Must be a financial P & C Member
Partners welcome
Adults Only Event
THEME: Bad Hawaiian Shirt
(dress up strongly encouraged!!!)

CANTEEN: PERCEPTION v's REALITY

THANKS!



To all our amazing super talented juggling, number crunching, food prepping, kid serving volunteers!
This one is for you! ♡ ♡ xoxo



Corrimal Public School

KINDY STARTERS PLAYGROUP

9:15am-11am

TERM 4

Every Thursday from 17th October to 5th December
To be held in the school hall



What to Bring:

- ✓ Hat
- ✓ Water
- ✓ Healthy Fruit or Vegetable
Snack for Crunch n Sip



** CPS is an allergy aware school, so please do not bring snacks with peanuts or any other nut based products**

Open to all children starting Kindergarten at Corrimal Public School in **2020** and their parents/grandparents/carers to help prepare for the first year of school in an informal setting.

For more information please contact the School Office on

Phone: 42844231

Email: Corrimal-p.school@det.nsw.edu.au



Corrimal Public School

Princes Highway,
CORRIMAL NSW 2518
Ph: (02) 4284 4231
Fax: (02) 4284 1392

Email: corrimal-p.school@det.nsw.edu.au
Website: www.corrimal-p.schools.nsw.edu.au

2020 Captaincy Candidate Checklist

School Captains represent the beliefs and values of Corrimal Public School. They promote the school vision of "Working Together" and the values for our community.

Checklist	Things You Need To Do
1	Discuss the expectations of a Leader with your Principal. <input checked="" type="checkbox"/>
2	Speak to a Stage 3 teacher and identify yourself as a candidate for Captaincy 2020. <input checked="" type="checkbox"/>
3	Prepare your speech. Make it memorable and sincere.
4	Ask a teacher for support if needed.
5	Arrange a time with Ms Vincenzini for your speech to be viewed. Make sure it has been endorsed by the Principal no later than Thursday 21st th November Week 6
6	Present your speech to the school and your parents/carers. Good luck! Remember to: <ul style="list-style-type: none"> - <i>Practise your speech</i> (the more you practise the more confident you will be) - <i>Time your speech</i> (speeches should be a maximum of 3 min and a minimum of 2 min) - <i>Speak clearly</i> (project your voice to reach the back of the hall) - <i>Engage the audience</i> (use consistent eye contact and vary the tone of your voice) - <i>Be memorable</i> (humour can work well in a speech but don't use it just for the sake of it) - <i>Stand proud</i> (you are running for School Captain, stand tall and proud) - <i>Be respectful</i> (always sit appropriately on stage and be respectful of others) - <i>Enjoy yourself</i> (know that whatever the outcome, you have worked hard and have done your best)



2020 Captaincy Candidate Process

School Captains represent the beliefs and values of Corrimal Public School. They promote the school vision of “Working Together” and the values for our community.

Week	What	Who
4	<ul style="list-style-type: none"> - Ms Vincenzini to speak to Year 5 about the expectations of running for Captaincy. - Students running are identified. - ‘Captaincy Process and Checklist’ note sent home with identified students. 	Principal
5	<ul style="list-style-type: none"> - Invitation to parents/carers to attend Captaincy speeches sent home to students running for Captaincy. 	Office
5	<ul style="list-style-type: none"> - The ‘Captaincy Process and Checklist’ note clearly communicated to the school community in week 5 newsletter. 	Mrs V
7	<p>Monday: Week 7</p> <ul style="list-style-type: none"> - Students to present their Captaincy speeches to the school community. - Speeches will take place in the school hall at 12.00pm – 1.00pm. - Voting will be conducted directly after the speeches. - Class voting tables will be set up in each classroom supervised by the teacher. - Voting will be personal and anonymous. - Years 1-5 will vote. - Student votes are worth 1 point. - Teacher votes are worth 2 points. 	Years 1-5 Students and Teachers
7	<p>Tuesday: Week 7</p> <ul style="list-style-type: none"> - Voting papers will be tallied by the Principal and Executive staff for consistency and fairness. - Parents and Carers of Captain and Vice Captain 2020 awardees will be notified and a formal invitation to our school’s annual Presentation Day will be sent home. 	Principal/Executive Office
9	<p>Wednesday: Week 9</p> <ul style="list-style-type: none"> - Presentation Day: - Captains and Vice Captains 2020 announced. 	Principal

Ethics Teacher Training



Primary
ETHICS **14-15 DECEMBER 2019**

Have you got an hour each week to support children to learn thinking, reasoning & decision-making skills?

apply now: primaryethics.com.au/volunteer

Primary
ETHICS

We need at least three new volunteers to be able to provide ethics classes for everyone who wants them for their child. We currently have large classes in year groups K-2. It would be great to be able to split these groups into smaller classes to give the students a better quality of discussion.

Ethics classes are run on Wednesdays from 12:45pm – 1:30pm.

Ethics classes include scenarios, poems and stories, group work and activities to encourage the children to think about what they should do in different situations, about how circumstances might make a difference and about the consequences of their actions.

Ethics classes can be taught by parents, carers, grandparents, other relatives or members of the community. Lessons are fully scripted and training is provided.

If you would like to consider volunteering for Primary Ethics, or know someone who might be interested, please apply online at www.primaryethics.com.au/volunteer or contact Suman Maharaj ethics.corrimal@gmail.com



Toys 'n' Tucker is a wonderful way to share the joy of Christmas with people in need. Together we can provide Christmas food and gifts for thousands of families who would otherwise go without.

Shopping list ideas, but please feel free to donate food / gifts you would like.

Food: Here are the things we include in a food hamper. Standard sizes (as indicated) are preferred to help fit everything in neatly.

- Christmas cake
- Christmas pudding
- Tinned ham (450g)
- Tinned salmon (415g)
- Tea (50pk) or Coffee (100g)
- Milo (small tin)
- Packet of biscuits
- Dried pasta (500g)
- Pasta sauce
- Long-life milk, custard or cream
- Tinned fruit and vegetables (425g)
- Jam (500g)

Gift ideas:

- Pre-school
 - Age-appropriate games
 - Educational toys
 - Picture books
- Children
 - Good-quality toys
 - Outdoor games
 - Sporting equipment
- Teenagers
 - Gift cards/vouchers
 - Sporting equipment
 - Toiletry packs

Sadly we can't include chocolate as it's likely to melt.

A huge thank you to our school community for being part of this!



CORRIMAL HIGH SCHOOL



YEAR 6 TRANSITION DAYS

The transition of students from Primary School to Secondary School is a critical point in any students life. We aim to get that start right. As such, Year 6 students are offered the opportunity to attend Corrimal High School Transition Days to support them in this process.

EVENING
22 OCT
5:30PM-6:30PM

**Parent/Carer and Teacher Meet
and Greet**

**Meet the school, the teachers
and peer support leaders.**

DAY 1
12 NOV
9:30AM-2:30PM

DAY 2
19 NOV
9:30AM-2:30PM

**Get the real experience across several subject
areas and meet more of the teachers.**

**Parent and Carer Morning Introduction. Then
get more of the real experience across several
subject areas and meet even more of the
teachers.**

DAY 3
3 DEC
9:30AM-2:30PM



Dear Parent/Guardian

Immunisation is a simple, safe and effective way of protecting the community and individuals from disease.

Adolescent vaccines will be offered for FREE to your child when they commence Year 7 in 2020.

Your child will be given a Parent Information Kit in the first few weeks of Term 1, 2020, which contains information about the vaccines and a consent card that you will need to complete for the vaccines to be offered.

Vaccines offered to ALL students in Year 7:

GRADE	VACCINE	SCHEDULE
	Diphtheria-Tetanus-Pertussis (dTpa)	1-dose
	Human Papillomavirus (HPV)	2-dose schedule (6months apart)

For further information regarding this program or any other questions about immunisation please contact the Immunisation Team at the Public Health Unit on 4221 6700.

Yours faithfully

Curtis Gregory
Director, Public Health Unit

4 November 2019

How effective is the vaccine?

HPV vaccination is a safe and reliable way to protect young people from getting a range of HPV related cancers and diseases. Females should also participate in cervical screening for best protection against cervical cancer.

Almost all HPV infections that cause abnormal cells and cancer can be prevented by the HPV vaccine.

Studies have shown that the vaccine is proving very effective in Australia. There has been a big decrease in HPV infections, pre-cancers of the cervix and genital warts.

The vaccine works best when given at a younger age and before exposure to HPV.



How safe is the vaccine?

HPV vaccines used in Australia are very safe. All HPV vaccines available in Australia have been thoroughly tested and 270 million doses have been given around the world.

The vaccine has been provided through school based programs in Australia since 2007 for females and 2013 for males. In Australia, as in other countries, there is ongoing monitoring of vaccine safety.

Some people might experience mild side effects from the vaccine. These can include:

- ✔ soreness, swelling and redness at the injection site
- ✔ mild temperature
- ✔ feeling faint and fainting.

Like other vaccines, a very small number of people can have an allergic reaction shortly after getting the vaccine. Vaccination providers are prepared to manage these types of reactions.

See your GP if you are worried about your child's reaction.

HPV
Vaccine

You can learn more about the safety of the HPV vaccine at the Therapeutic Goods Administration website tga.gov.au

HPV
Vaccine



Preventing human papillomavirus (HPV) cancers and diseases by vaccination

Helping to protect young people from a range of cancers and diseases caused by the human papillomavirus (HPV)

health.gov.au/immunisation



VIVA LA GONG

SATURDAY • 9 NOVEMBER

11AM - 7PM
MACCABE PARK WOLLONGONG

Mercury, Wollongong City Council, and other sponsors logos.

WWW.VIVALAGONGFESTIVAL.ORG • ALL AGES & FREE!

FESTIVAL MAP

KEY:

- WASTE RECYCLING
- WATER DRINKING
- FIRST AID
- ACCESSIBLE TOILET

Other features on the map include: BEATS & BOARDS, POP-UP LIBRARY, PLAY GROUND, FOLK STAGE, PIONEER HALL, COMMUNITY STAGE, CIRCUS PLAYGROUND, LA PETITE GRANDE, SILENT DISCO, LOAF LANE, DANCE FLOOR, MAIN STAGE, THE LIT STAGE, and CLIPPING WALL.

MAIN STAGE 11AM-7PM

A VIVAacious line-up of music and dancing for every generation!
 With MC: Bec Sandridge

- 11AM Welcome to Country - Aunty Bev Armer
Smoking Ceremony - Mark Mongla
Performance by Illawarra Mob
- 11.15AM Lord Mayer Welcome
- 11.25AM Dear Violet
- 12NOON Bollywood Exclusive Dance School
- 12.15PM Wollongong Performing Arts High School Band
- 12.45PM NRG Studios Illawarra (dance & cheerleading)
- 1PM Friday Park
- 1.30PM Footloose Rockers Dance Studio
- 1.50PM Alice Skye
- 2.40PM You. Therefore, Me.
- 3PM Frente
- 4PM Buggy Bumpers
- 4.30PM Wollongong Conservatorium All Star Jazz Big Band & Flash Mob Jam
- 5.10PM Gong Salsa Hut: Dance Performance Featuring Ver us y Mauro
- 5.25PM Salsa Dance lesson with Venus y Mauro
- 5.45PM Club Havana Band
(Join the dancing fun with Gong Salsa Hub)

THE LIT STAGE 11.25AM-5PM

With MC: Adara Enthraler. Curated and produced by Baby Teeth Journal, with literary friends, this secret stage is a celebration of the written and spoken word from a whisper to a slam!

- 11AM (Welcome to Country - Main Stage)
Bookstore open
- 11.25AM Sign up for open mic
- 11.35AM Word Salad Presents, Linda Godfrey In Conversation with Christine Sykes
- 12.15PM Readings and Performances from The Never Heard of Them Anthology
- 1PM Enough Said Performance Poets
- 2.15PM INTERVAL
- 2.45PM 'Well Fair' performances presented by Lexicon Innovations
- 4PM Slam Poetry Oper. Mic Hosted by Emily Crocker
- 4.15PM Book and merch stall run by Society City Wollongong, plus on-the-spot typewriter poetry.

THE FOLK STAGE 11.25AM-5.30PM

Viva loves its Folk and the Illawarra Folk Festival have gathered some of the country's best for your Viva Folk fix!

- 11AM (Welcome to Country - Main Stage)
- 11.25AM MC Welcome
- 11.30AM Chris Wilson
- 12.30PM Anvil
- 1.30PM The Guilty Three
- 2.30PM Carefree Road Band
- 3.30PM Mates of Steve
- 4.30PM Jocean



ILLAWARRA JUNIOR VOCAL ENSEMBLE AUDITIONS FOR 2020
(Years 3-6)

The Illawarra Junior Vocal Ensemble is an exciting opportunity for Public School students in Years 3 – 6 to excel in vocal performance in an extra-curricular setting.

Students (Years 3-6) will be selected by audition. Successful students will represent the Illawarra with a variety of performances throughout the school year. In 2019, students performed at Southern Stars, Spring Into Corrimal, The Festival of Choral Music at the Opera House and The Kiama Festival of Choirs. They have had the opportunity to work with industry leaders in choral singing and composition.

The Ensemble is co-ordinated by Sonia Milgate (Pleasant Heights Public School), Lynda Murphy (Corrimal East Public School), Alison Charlton (Stanwell Park Public School) and Bede Darcey (Principal of Corrimal East Public School).

Rehearsals take place on a weekly basis during school term at *Corrimal East Public School Hall* on Thursday afternoons from 4:00pm – 5:00pm. The participation cost for students selected in the *Illawarra Junior Vocal Ensemble* is \$30 per term.

Audition Process:

Download the audition piece from the link below and upload a YouTube audition video. Fill in the required paperwork using Google Forms. All submissions will receive an email stating that their application has been received after the due date. Successful students will be offered a position by **Friday 29 November, 2019** and must commit to their position by **Friday 6 December, 2019**

<https://tinurl.com/IJVE2020auditions>

Audition documents can be downloaded from the following link:

https://drive.google.com/drive/folders/111RU6XQHi_pl887gLNxrNj3VxpeyxbOC?usp=sharing

Expressions Of Interest are due by Monday 18 November, 2019

For further information, please contact Sonia Milgate on sonia.milgate@det.nsw.edu.au

This initiative is supported by the NSW Department of Education.

Time for Healthy Habits



Do you have a child between the ages of 2-6 years and live in NSW? Do you wonder if they are eating enough of the right foods, being active enough or getting enough sleep?

We are offering a **free** program to help parents give their young children the healthiest start to life.

For more information and to register please visit www.timeforhealthyhabitsnsw.com/ or contact time-healthyhabits@uow.edu.au

Proudly funded by



This project has been approved by the South Western Sydney Local Health District Human Research Ethics Committee, HREC Reference HREC/18/LPOOL/472, and delivered in partnership with Murrumbidgee, Illawarra Shoalhaven, Southern NSW, Hunter New England, and South Eastern Sydney Local Health Districts.

Help create our Cycling Strategy

Whether you're a weekend warrior, a novice with training wheels or someone who never hops on a bike, we want to hear about your cycling experiences. Council is updating our bike plan – lets' continue to make Wollongong cycle-friendly for all. Please visit our website at

<https://www.haveyoursaywollongong.com.au/help-shape-the-wollongong-cycling-strategy> and complete the survey.

We welcome feedback from all members of the community by Monday 9 December 2019.

Kind regards

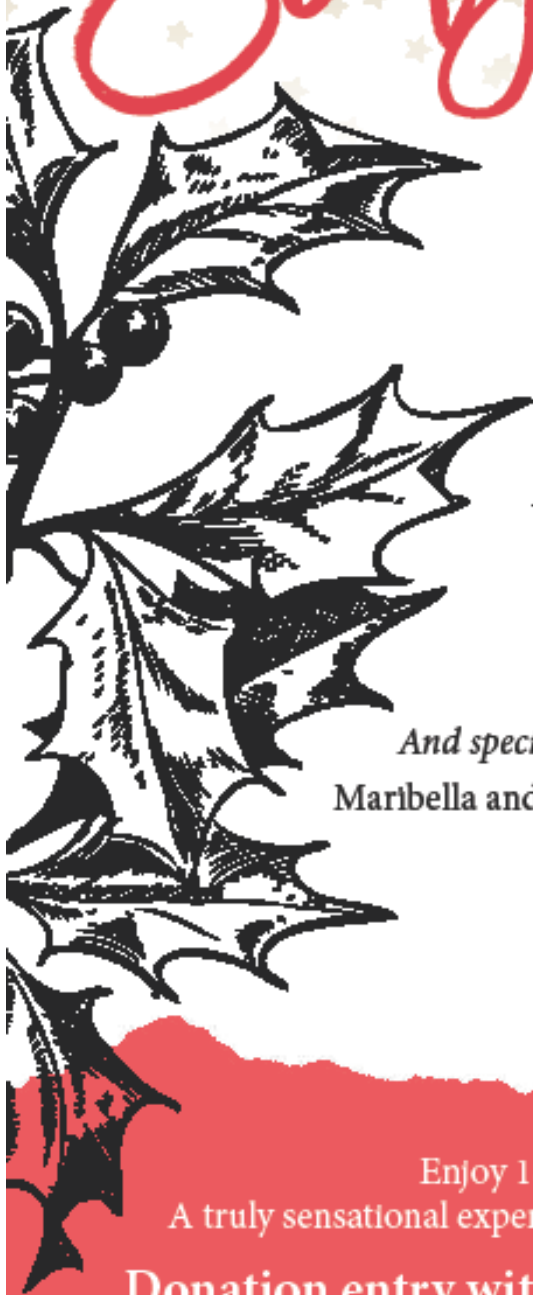


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KATANDRA WOMENS A CAPPELLA CHOIR

Songs OF Joy



A festive afternoon concert featuring:

**Katandra Womens A Cappella
Food of Love Choir, Nowra
The Sing Space Vocal Ensemble**

*And special guests - Sydney based HUMMINGSONG CHOIRS
Maribella and Sensuara as recently seen on 'Australia's Got Talent!'*

2:30pm, Sunday 15th December

**SS Peter and Paul Catholic Church,
Manning Street, Kiama**

Enjoy 180 voices in a combined finale.
A truly sensational experience of wonderful music to inspire the season!

**Donation entry with all proceeds to the Kiama charity
'Homestead of Hope'**



WWW.KATANDRAACAPPELLA.COM

