

# CORRIMAL PUBLIC SCHOOL

A small school making a big difference !

## THE CORRIMAL CONNECTION

### PRINCIPAL'S REPORT

#### SEMESTER 1 REPORTS – Tuesday 2<sup>nd</sup> July

Teachers have been very busy over the past few weeks, writing student reports for Semester 1. Reports will be sent home to all parents/carers on Tuesday 2<sup>nd</sup> July. For staff this is a culmination of months of work and I congratulate them on their professional approach in ensuring the reports were completed in a timely manner. I will personally read through all 230 reports and feel very confident that teachers have taken great care to provide professional judgements on students and their achievement.

As was the case last year, there will only be interviews at the request of parents as interviews were conducted at the conclusion of Term 1. If you would like to discuss your child's report further, please contact the classroom teacher to organise a mutually convenient time to meet.

#### STUDENT WELLBEING POLICY

We are currently in the process of tightening and revising our student wellbeing and fair discipline procedures and policies to ensure a fair and consistent approach to student wellbeing. This is to ensure we are creating a safe, harmonious environment for all students K-6. Miss Marks has been diligently running student focus groups to gain student voice about how our students feel about our school. They are discussing things that will support a positive learning environment and what we can do to assist them with feeling they belong at Corrimal PS. Teachers will have their say at our next school development day, on the first Monday back in Term 3.

We would also like to gain parent voice so that we can hear from you about what is working, what is not working and what you would like to see at Corrimal PS in regards to student wellbeing and discipline. I will be running parent focus group sessions before and after the next assembly, Wednesday 26<sup>th</sup> June. **The first session will be held in the library at 1:30pm and the second session will be held in the hall after assembly.** Please come along and have your say as we are genuinely interested in your thoughts.

#### UPCOMING EVENTS

| <u>Week 8</u> |  |
|---------------|--|
| 17/6/19       | Corrimal HS Enrichment Test<br>1.45pm-3.00pm                       |
| 17/6/19       | Gymnastics - sports uniform  |
| 18/6/19       | Gymnastics - sports uniform  |
| 18/6/19       | P&C Meeting 3.15pm   |
| 19/6/19       | Multicultural Public Speaking Competition (selected students)      |
| 21/6/19       | PSSA Soccer & Rugby League Years 3-6 only                          |
| 21/6/19       | School Banking   |
| <u>Week 9</u> |  |
| 24/6/19       | Gymnastics - sports uniform  |
| 25/6/19       | Gymnastics - sports uniform  |
| 25/6/19       | Debating team at Towradgi PS (selected students)                   |
| 26/6/19       | Parent Focus Groups - 1.30pm in the Library and 3.00pm in the Hall |
| 26/6/16       | School Assembly 2.00pm-3.00pm - Arinya class item                  |
| 28/6/19       | PSSA Soccer & Rugby League Years 3-6 only                          |
| 28/6/19       | School Banking   |

PLEASE NOTE: These dates are subject to change. The school will endeavour to contact the community should this be the case.

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## Week 8 Term 2

### ATTENDANCE – LATE COMERS

There has been a rise in the number of students arriving late every day and this is quite a concern. It is so important that students arrive at school on time to set them up for a successful day. Please see the information below.



#### Be “ON TIME” to get a great start!

- \*Students have a chance to unpack their belongings and to play with their friends.
- \*Students are ready to start school with the class without being rushed or feeling frustrated.
- \*They are present to hear important morning announcements and the day’s routine.
- \*Teachers and students who have already begun work are not interrupted.
- \*Students get into the habit of punctuality, which is important in all aspects of life.
- \*Arriving 20 minutes late to school each day, is the equivalent of missing 11 school days in a year.

### SCHOOL UNIFORM

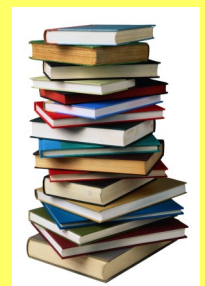
The cold weather has finally arrived. All students should be wearing winter uniform now. As it heats up during the day we are noticing an increase in jackets finding their way to lost property. Please make sure you have written your child’s name in their clothing so it finds its way back to your child. Please be reminded:

- \* Black shoes are to be worn
- \* School hats only
- \* Red beanies must be worn under the school hat in the playground
- \* School jackets and jumpers only
- \* If wearing tights they must be grey except for sports days

If you have any good quality school uniforms that no longer fit your child we will happily accept donations. From time to time we have families that are experiencing hardship and we rely on our second hand uniforms to support these families.

### BOOK FAIR

We have had a wonderful response to our Book Fair again in 2019. It has been great to see so many families support our school by purchasing books for their child. A percentage of each sale goes to our school and Mrs Scard will use that money to then buy resources for the library for all students to use and enjoy – what a worthwhile idea! The book fair could not go ahead without the huge commitment of Mrs Scard and we thank her for going above and beyond to ensure this is an annual event at our school.



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## Week 8 Term 2

### SCHOOL BANKING

As you would be aware our P&C volunteers work extremely hard to assist our school to be the best it can be. One of the important jobs they do is coordinate our school banking program. At the moment the school banking program is with the Commonwealth Bank as is the actual P&C bank account, but this is becoming problematic for our P&C volunteers. Weekly banking for the P&C has become quite difficult, hence they are looking to move the banking to the IMB.

Currently the P&C volunteers (and there must be two for school banking):

- \* Count and sort the money/deposit books
- \* Take the money to the bank in person
- \* Enter all deposits online
- \* Organise the prizes

If the P&C switch to using the IMB, all of these actions will be performed by a representative of the IMB and remove the need to have two volunteers coordinate school banking. As we are short on volunteers this will be helpful to the P&C and the school. More information about this is in the P&C report within this newsletter.

The P&C are seeking consultation around the idea of switching banks and have created a survey for all parents to complete for feedback. Please find the link to the survey below. We will also add the link to our SkoolBag page.

<https://forms.gle/kPZSEHnFisGHT9W36>

### PRINCIPAL LUNCH WITH THE LEADERS

I enjoyed a lovely lunch with the Library Monitor leader team to show my appreciation of their dedication to their role in supporting students in the Library. We enjoyed our lunch in the hall and it was lovely to spend time chatting.



### SPOTLIGHT ON LEARNING

WOW, look at these little learners who are so proud of their work.



*Ms Karen Vincenzini*  
*Principal*

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## Week 8 Term 2

### YEAR 7 FOR A DAY EXCURSION

On Tuesday the 11<sup>th</sup> of June, all Year 4 students went to Corrimal High School to walk a day in the life of a Year 7 student. We arrived to school early and walked safely together and when we arrived at Corrimal High School we were split into groups to complete a variety of activities that related to the various subjects Corrimal High School has to offer. These included:

- \* **Mathematics**, where the students worked hard to complete brainteaser challenges.
- \* **Science**, where the students tested the reactions of certain chemicals
- \* **Physical Health**, where the students played a modified version of netball whilst riding scooter boards
- \* **Creative Arts**, where the students performed dance routines.
- \* **Language Arts**, where the students learnt Mandarin and about Chinese culture
- \* **Industrial Art**, where the students fashioned a keychain out of Perspex
- \* **Food Technology**, where the students cooked and ate meatballs.



It was a fantastic experience and the students thoroughly enjoyed the day...except the walking, which was so exhausting.

Our students represented Corrimal Public School proudly and are to be congratulated for their respect and effort during the BIG day.

**Mr Josh Erskine**  
**Organising Teacher**



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## Week 8 Term 2

### INTERNATIONAL COMPETITIONS AND ASSESSMENTS FOR SCHOOLS (ICAS)

This year our school will again invite students from Years 2 to 6 to participate in the International Competitions and Assessments for Schools (ICAS) in: **Digital technologies, Science, Writing, Spelling, English and Mathematics.**

| Subject              | Year Levels | Entry Price | Sitting Date      |
|----------------------|-------------|-------------|-------------------|
| Digital technologies | Year 3-6    | \$14.50     | 3 September 2019  |
| Science              | Year 2-6    | \$14.50     | 5 September 2019  |
| Writing              | Year 3 -6   | \$14.50     | 10 September 2019 |
| Spelling             | Year 3-6    | \$14.50     | 14 September 2019 |
| English              | Year 2-6    | \$14.50     | 17 September 2019 |
| Mathematics          | Year 2-6    | \$14.50     | 19 September 2019 |

ICAS fees can now be paid online. Visit the new online Parent Payment System to make a direct payment to UNSW Global. Online payment will close on **31 July 2019**.

Parents can access this service by typing [unsw.global/parentpay](http://unsw.global/parentpay) into a browser.

***Mrs Jennifer Holland***  
***ICAS Coordinator***

### SRC UPDATE

We in the SRC have been working hard behind the scenes making sure that the voice of our students here at Corrimal Public School is heard. During our last SRC School meeting, the ideas and suggestions from all classes were brought forward and shared. We voted on these ideas and the most popular one was decreasing the amount of plastic in our school. One specific idea was replacing the plastic straws in our canteen with a better environmentally friendly option. This idea has been voted and agreed upon by our staff, and the next step is that it will be presented to the P&C at their next meeting.

We will keep you posted on the outcome of this and what is happening in the SRC in up coming newsletters.

***Mrs Napper & Mrs Pennisi***  
***SRC Coordinating Teachers***



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## Week 8 Term 2

### 2019 CORRIMAL PUBLIC SCHOOL ATHLETICS CARNIVAL

On Wednesday 3rd July, Corrimal Public School K-6 students will be participating in our annual school Athletics Carnival at Beaton Park. Students will be travelling by bus both to and from the venue. Parents and carers are encouraged to come along and support their child as they participate in events throughout the day. Below is an approximate run sheet for both track and field events. Remember that these times are a rough estimate and can be flexible depending on the running of the day. Students are encouraged to wear their House Colours. Also a reminder that there is no longer a canteen at Beaton Park. We look forward to what is going to be a fantastic day.

*Mr Martin and Miss Marks*  
Coordinating Teachers

### CORRIMAL PUBLIC SCHOOL ATHLETICS CARNIVAL 2019

| Time          | Long Jump      | High Jump      | Break          | Shot put       | Discus         | Under 8s                |
|---------------|----------------|----------------|----------------|----------------|----------------|-------------------------|
| 9:45 – 10:15  | 800M AGE RACES | 800M AGE RACES | 800M AGE RACES | 800M AGE RACES | 800M AGE RACES | Arrival 10am            |
| 10:15 – 10:45 | 8 YRS          | 12/13 YRS      | 11 YRS         | 10 YRS         | 9 YRS          | 5 TABLOIDS              |
| 10:45 - 11:15 | 9 YRS          | 8 YRS          | 12/13 YRS      | 11 YRS         | 10 YRS         |                         |
| 11:15 – 11:45 | 10 YRS         | 9YRS           | 8 YRS          | 12/13 YRS      | 11 YRS         |                         |
| 11:45 – 12:15 | 11 YRS         | 10 YRS         | 9YRS           | 8 YRS          | 12/13 YRS      | Age Races               |
| 12:15 – 12:45 | 12/13 YRS      | 11 YRS         | 10 YRS         | 9 YRS          | 8 YRS          | Lunch                   |
| 12:45 – 1:15  | LUNCH          | LUNCH          | LUNCH          | LUNCH          | LUNCH          | LONG JUMP/<br>HIGH JUMP |
| 1:15 – 1:40   | 200M AGE RACES | 200M AGE RACES | 200M AGE RACES | 200M AGE RACES | 200M AGE RACES |                         |
| 1:40 – 2:00   | 100M AGE RACES | 100M AGE RACES | 100M AGE RACES | 100M AGE RACES | 100M AGE RACES | Departure 1:45pm        |
| 2:00 – 2:15   | PACK UP        | PACK UP        | PACK UP        | PACK UP        | PACK UP        |                         |

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**Corrimal Public Athletics Carnival 2019**  
**PROGRAM OF EVENTS**

|                                      |
|--------------------------------------|
| 1. SENIOR GIRLS 800M                 |
| 2. SENIOR BOYS 800M                  |
| 3. 11 YRS GIRLS 800M                 |
| 4. 11 YRS BOYS 800M                  |
| 5. JUNIOR GIRLS 800M (U10, 9 and 8s) |
| 6. JUNIOR BOYS 800M (U10, 9 and 8s)  |
| 7. TABLOID ACTIVITIES                |
| 8. LUNCH 12:45 – 1:15 pm             |
| 9. SENIOR GIRLS 200M                 |
| 10. SENIOR BOYS 200M                 |
| 11. 11 YRS GIRLS 200M                |
| 12. 11 YRS BOYS 200M                 |
| 13. JUNIOR GIRLS 200M                |
| 14. JUNIOR BOYS 200M                 |
| 15. 13 YRS GIRLS 100M                |
| 16. 13 YRS BOYS 100M                 |
| 17. 12 YRS GIRLS 100M                |
| 18. 12 YRS BOYS 100M                 |
| 19. 11 YRS GIRLS 100M                |
| 20. 11 YRS BOYS 100M                 |
| 21. 10 YRS GIRLS 100M                |
| 22. 10 YRS BOYS 100M                 |
| 23. 9 YRS GIRLS 100M                 |
| 24. 9 YRS BOYS 100M                  |
| 25. 8 YRS GIRLS 100M                 |
| 26. 8 YRS BOYS 100M                  |
| 27. CLEAN UP AND PACK UP             |

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## Week 8 Term 2

### FROM THE OFFICE

WOW....look at our overflowing Woolworths Earn and Learn sticker box!

- A huge thank you to all parents, grandparents and carers who are shopping up a storm at Woolworths to help Corrimal Public School collect these stickers. We have a collection box located just at the entry of Woolworths shopping centre Corrimal and one in the foyer of our school office.
- Earn and Learn will finish on the **25th June 2019** so keep them coming in and we will keep you posted as to how many stickers we have to go towards purchasing some great new resources for our school.



Many thanks

***Mrs Griffiths, Mrs Walder and Miss Davidson***  
***School Administrative Staff***

### LIBRARY NEWS

Our Annual Scholastic Book Fair is now finished! It was a fabulous two weeks of looking, enjoying and buying many interesting and exciting books. A big thank you goes to all our students and families that supported our Book Fair. With more than \$4000 worth of sales we will receive a percentage of this with free books for our school library. A tremendous effort everybody! I will update you with more information about our free books for the library at a later date when it is finalised.

Students that have ordered books from the Book Fair will receive these when they are delivered and I will distribute them to each student.

A wonderful effort students and families. Keep reading and remember books can open up a whole new world of imagination, excitement and learning!

***Mrs Anne Scard***  
***Teacher/Librarian***



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# SAFETY

# LEARNING



## Week 8 Term 2

### PLP AFTERNOON TEA & YARN UP

I would like to thank the students and their family members for attending a successful afternoon last Wednesday. The staff enjoyed using this opportunity to sit and have a respectful and genuine conversation about shared goals, expectations and responsibilities for the Aboriginal students at our school.

We hope the families found it valuable as well. The teachers are looking forward to putting these plans into practice here at school.

Please see your child's classroom teacher if you were unable to make it on that day and they will organise a mutually, suitable time to discuss your child's goals.



**Mrs Jackie Everson**  
**Learning and Support Teacher**



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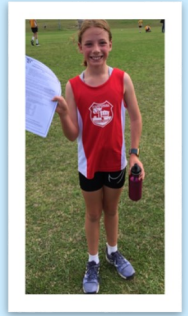
**LEARNING**

## Week 8 Term 2

### REGIONAL CROSS COUNTRY

Congratulations to Teagan who represented the Northern Wollongong District at Regional Cross Country on the 7<sup>th</sup> June. Teagan placed 20<sup>th</sup> which is a fantastic achievement. Well done!

**Mr Troy Martin**  
**Organising Teacher**



### DEBATING

Our round two debate saw Isaac as the 1<sup>st</sup> speaker, Nikita as the 2<sup>nd</sup> speaker, Angus as the 3<sup>rd</sup> speaker and Natalia as the 4<sup>th</sup> team member, visit Corrimal East PS. We were the negative side on the topic 'That all school work should be done on computers'. The adjudicator Rhys Fenwick awarded the win to our team.

Our team will be travelling to Towradgi Public School on Tuesday the 25<sup>th</sup> June to debate the topic of 'Health and Fitness'. Corrimal Public School will then be hosting the last round against Austinmer Public School on Thursday the 4<sup>th</sup> July on the topic of 'Parents and Kids'.

**Mrs Jackie Everson**  
**Debating Coordinator**



### CHOIR CLUSTER REHEARSAL

The 3-6 choir had a fabulous time at Austinmer Public School for their cluster rehearsal in preparation for the performance night on 1st August 2019 at the Wollongong Town Hall. So pop this date in your diary! More information to come soon....



**Mrs Tanya Veljanovski**  
**Choir Coordinator**

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## Week 8 Term 2

### K Cooinda

\* Archie & Maximilan

\* Ace & Tyeka

### 1/2 Illuka

\* Alexis & Jacob

\* Tristan & Leilani

### 5/6 Tulang

\* Tahi & Charlotte

\* Elsie & Flynn

### K Akama

\* Jake & Jed

\* Isabel & Piper

### 1/2 Marring

\* Jax & Joel

\* Stefanie & Mia

### 5/6 Biringung

\* Daniel & Davina

\* Elly & Teagan

### K/1 Dulili

\* Pippy & Noah

\* Hamish & Bailee

### 3/4 Omaroo

\* Mitchell & Harry C

\* Akasha & Zhyon

### 1/2 Arinya

\* India & Ella

\* Robert & Callie

### 3/4 Euroa

\* Sienna & Olive

\* Elise & Paige

**Merit  
Awards For  
Week 6 & 7**



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**BRONZE**

**Arlo, Giaan, Koen, Aleigha, Alexis, George, Harrison F, Arihant, Nathan, Mason F, Will M, Mia P, Bryson, Lilly, Ace, Jack J, Ollie, Elsie, Paige, Noah K, Zack, Nyla, Jaida, Isabel, Lily, Maggie, Kara, Sophia, Leilani, Levon, Brianna, Hunter, Rhys, Davina & Cienna**

**SILVER**

**Mason F, Angus, James G, Arlo, Brianna & Cienna**



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## Week 8 Term 2

### VALUES FOCUS

Teachers are looking for students who are  
WEARING A SCHOOL HAT

### ASSEMBLY ITEM

WEEK 9 - 1/2 ARINYA

### PUBLIC SPEAKING FINALISTS - WEEK 7 ASSEMBLY



## CANTEEN ROSTER

| DATE                  | PARENT HELPERS                                   |
|-----------------------|--|
| TUESDAY<br>18/06/19   | <b>CLOSED</b>                                    |
| WEDNESDAY<br>19/06/19 | KAYLENE & LAURA                                  |
| THURSDAY<br>20/06/19  | AMANDA & JANE                                    |
| FRIDAY<br>21/06/19    | HELEN, KAYLENE                                   |
| MONDAY<br>24/06/19    | KELLY & AMANDA(AM)<br><b>PM VOLUNTEER NEEDED</b> |
| TUESDAY<br>25/06/19   | <b>CLOSED</b>                                    |
| WEDNESDAY<br>26/06/19 | KAYLENE & JAN                                    |
| THURSDAY<br>27/06/19  | DEBBIE, HAYLEY (AM)<br>& FIONA (PM)              |
| FRIDAY<br>28/06/19    | KAYLENE & DEBRA                                  |
| MONDAY<br>1/07/19     | KYLIE & FIONA                                    |

**YOU WILL BE NOTIFIED THE NIGHT BEFORE  
OF ANY ROSTER CHANGES**

**STUDENT BANKING IS EVERY FRIDAY**



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# P&C NEWS

## Next Meeting

Our second P&C Meeting for the Term will be held on:

**Tuesday 18<sup>th</sup> June**

At 3.15pm in the Library.

Everyone is welcome! Looking forward to seeing you there.



**13th September 2019**

Adults only event.

More details to follow.



Help our group raise funds when you buy Labels, Wall Art or anything else at Bright Star Kids!

NOMINATE OUR GROUP IN THE PAYMENT AREA WHEN YOU CHECKOUT:

CORRIMAL PUBLIC SCHOOL



FREE\* DELIVERY WHEN YOU SHOP ONLINE  
[WWW.BRIGHTSTARKIDS.COM.AU](http://WWW.BRIGHTSTARKIDS.COM.AU)

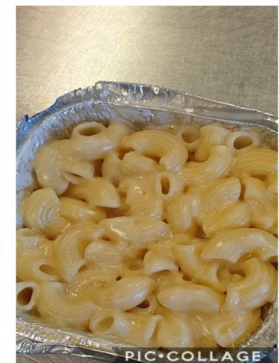
\*FREE DELIVERY AVAILABLE WITH MINIMUM SPEND. SEE ONLINE FOR DETAILS



The canteen has some new products on sale.

Mac n Cheese and Twist Pasta Bolognese. Both \$3.00, both delicious!

Slinky apples, price depends on size of the apple, or bring an apple from home and have it "slinkied" for free.



# SCHOOL BANKING



The P&C manages School Banking at Corrimal Public School, currently with the Commonwealth Bank. Over the years, the Commonwealth Bank has been reducing its assistance in this process, requiring P&C volunteers to do more and more. Each week, at least two volunteers must:

- Count and sort the money/deposit books
- Take the money to the bank in person
- Enter all deposits online.
- Organise the prizes.

Given our limited volunteers, the P&C is proposing to move school banking to the IMB. The IMB will pick up the money/deposit books and perform all of the above themselves, removing the need to have volunteers on hand, at no extra cost.

Furthermore, the Commonwealth has made weekly banking for the P&C more difficult. Executive members must collect and count all monies, take the money to the bank, wait for both access to the coin machine and teller in their own time. Given most of our collected monies are in coins, easy deposit bags are not available and ATM usage with coinage is limited. To make things more complicated, at least two signatories must be present for each payment made. Once again IMB will collect all monies from the school and allow signatories to sign-off from their computers.

Both have to be changed together. The P&C wants you to have you say on the changeover, please go to the link below:

<https://forms.gle/kPZSEHnFisGHT9W36>



CommonwealthBank





**K-6 Athletics Carnival**

*Wednesday 3<sup>rd</sup> July, 2019 – Week 10*

Friday 7<sup>th</sup> June

Dear Parents/Carers,

Please find below all information and details regarding our 2019 K-6 Athletics Carnival.

**Who:** All students in K - 6

**Where:** Beaton Park, Wollongong

**Travel:** Under 8's-12's Bus – Leaving school at 9:00am and arriving back at 2:30pm. – Travel to the carnival by bus is compulsory.

Under 5's-7's Bus – Leaving school at 9:30am and arriving back at 2:00pm. – Travel to the carnival by bus is compulsory. If you wish to take your child home at the conclusion of the carnival, please see your child's class teacher. Cost of the bus will not be deducted if you choose to take your child home at the conclusion of the carnival.

**Cost:** \$10 per student / \$20 per family – covers the cost of the bus and fee to use Beaton Park facilities

**Wear:** Suitable sports shoes and socks. Please encourage children to wear clothing in their House Colours. (Bulli – Red / Macquarie – Yellow / Kembla – Green / Keira – Blue)

Please note – spikes can only be worn for 'track events' 100m & 200m

**Bring:** Hat, water and appropriate food for an athlete. There is no longer a canteen at Beaton Park

**Parents:** Welcomed and encouraged to assist on the day (please see return slip below). Also welcome to come and cheer. Please note as it is a school event, teachers are responsible for students. It is therefore most important that students stay with their house or age group throughout the day.

Please return all notes no later than **Friday, 21<sup>st</sup> June 2019**

Troy Martin and Ebony Marks  
*Coordinating Teachers*

Karen Vincenzini  
*Principal*

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**Corrimal Public School**  
**K-6 Athletics Carnival – 2019**

I give permission for my child \_\_\_\_\_ in class \_\_\_\_\_ to attend the K-6 school athletics carnival at Beaton Park, Wollongong on Wednesday 3<sup>rd</sup> July 2019. I understand that all students will travel by bus.

I have enclosed \$10

I have enclosed \$20

Online payment receipt number: \_\_\_\_\_

**Parent/Caregiver Signature:** \_\_\_\_\_

**Date:** \_\_\_\_\_

**I am available to assist on the day: Yes / No**

**Name:** \_\_\_\_\_



# Black Box Parenting Program



## **What Does the Programme Cover?**

This is not a general parenting programme but one specially designed for the challenges of parenting after family disruption or trauma. It is designed for parents who have their own experiences of trauma. It does cover the usual things like setting rules and how to manage behaviour, and it also covers topics such as how things like guilt make it hard to parent. This programme uses group discussion to help make sense of relating to and parenting your child. The Black Box format allows us to talk about how things from the past might be affecting our parenting without having to go into detail about what actually happened.

## **About the Program:**

Black Box Parenting has 5 x 2-hr sessions (with a tea break in the middle). Sessions are every 2 weeks – on the week in between facilitators touch base with participants individually by phone.

## **When and Where?**

Location: The Orana Centre (Illawarra Drug & Alcohol Service) at 2 Rawson St, Wollongong.










It will commence Wednesday 31<sup>st</sup> July at 12noon until 2:45pm.

## **How Do I refer?**

Please contact David St Quintin on 4254 2700 or Kerry Searle on 4254 1600 if want to make a referral or have any questions.

This group is being run jointly by the Illawarra Drug & Alcohol Service and the Illawarra Mental Health Service.

# Tips for helping boys express their emotions healthily

-  Be aware of how you express emotion and what your own beliefs surrounding feelings and their expression look like. For example, avoid saying things like "real men don't cry" or "you shouldn't be angry".
-  Help boys to name what they are feeling, particularly primary emotions like fear, rejection and sadness which often appear as anger.
-  Listen calmly, empathise and reflect back what the boy is saying with an emphasis on feelings. For example, you might say; "so you felt a bit scared standing up in front of the class, I can understand that".
-  For younger boys use an emotion face chart. Get them to point to how they are feeling now or before when a situation or incident occurred earlier.
-  Untangle feelings from behaviour where possible. For example, you might say; "It's okay to feel angry about [incident], but let's have a chat about other ways to deal with this which don't involve pushing your friend."
-  Try and see the feelings beneath the behaviour and acknowledge or connect with them first. For example, if a boy age 10 stomps in from school thumps their bag down then slams their bedroom door, focus first on the emotion. "Hey, you seem pretty upset, what's going on mate?" Once they feel better and have calmed down you can address any behaviour that you would like them to change.
-  Engage on a level playing field where possible and remove factors which may increase pressure or anxiety for the boy. For example, rather than requesting eye contact or standing above the boy, have a chat while driving or kicking a ball, a shared activity where you are both seated, or another situation that lessens confrontation.
-  Name some things they can do when they feel upset or angry and remind them of these when they are upset. For example, kick a ball, take time out, go for a walk, punch the punching bag.
-  Normalise emotion however you can, make it something we respect and value, rather than a problem to be removed or fixed. We want boys to learn to tune into their feelings about life not avoid or bottle up feelings until they explode.
-  With strong emotion coming from a boy, stay calm yourself. Acknowledge the emotion and allow time for them to calm down before talking about it. For example, you might say; "I can see you are really angry right now. Why don't you take some time out and we can chat about it later?"

## **Primary** **ETHICS**

We need at least three new volunteers to be able to provide ethics classes for everyone who wants them for their child. We currently have large classes in year groups K-2. It would be great to be able to split these groups into smaller classes to give the students a better quality of discussion.

Ethics classes are run on Wednesdays from 12:45pm – 1:30pm.

Ethics classes include scenarios, poems and stories, group work and activities to encourage the children to think about what they should do in different situations, about how circumstances might make a difference and about the consequences of their actions.

Ethics classes can be taught by parents, carers, grandparents, other relatives or members of the community. Lessons are fully scripted and training is provided.

If you would like to consider volunteering for Primary Ethics, or know someone who might be interested, please apply online at [www.primaryethics.com.au/volunteer](http://www.primaryethics.com.au/volunteer) or contact Suman Maharaj [ethics.corrimal@gmail.com](mailto:ethics.corrimal@gmail.com)

### **Come and Try Girl Guides**

On Monday 17<sup>th</sup> June 2019 Fernhill District are having an open day for girls 6 -12 years so you can experience what happens at Girl Guides.

It will be an afternoon of Fun, Friends and Adventure.

The Guide hall is at 2 Douglas Rd, Fernhill.

The adventure will start at 4pm and finish at 5.30pm

You will need to wear enclosed shoes and have long hair tied back.

Bring: Smile, warm jumper.

**Cost:** Nothing.

**For bookings and more details, contact: Kerry on 0437230751 or email [wattle@ihug.com.au](mailto:wattle@ihug.com.au)**

# FAMILY FUN DAY

## FOR CHILDREN & FAMILIES

**THURSDAY 5 SEPTEMBER 2019**

**9.30-11.30am**



**FREE  
EVENT**

Come along to our free event in celebration of Child Protection Week. The day is a great opportunity for kids to play, learn, read and families to get more information on local agencies and the services they provide. We have fun activities, entertainment, lucky door prizes and visits from special guests Bright Spark and Billyback Pack!

- **Corrimal** - Corrimal Shopping Centre - 270 Princes Highway, Corrimal
- **Warrawong** - Warrawong Plaza - Cnr King St & Cowper Street, Warrawong
- **Nowra** - Stockland Nowra Shopping Centre - 32/60 East St, Nowra



Like us on Facebook  
South Coast Child Wellbeing Network



2019  
**NIGHTS ON CROWN**  
**LUMINOUS LAND**

**20-22 JUNE 6-9PM**  
**CROWN STREET MALL**

*Nights on Crown Luminous Land is a time for us to celebrate our common human connection to nature, land, light and play...*



Emma Donovan

**NIGHTS ON CROWN**

This free event for all ages offers cutting edge live music ranging from acclaimed Australian singer and songwriter, *Emma Donovan* to experimental pop legends, *Dream Dog*. Experience creative performances that will make you want to dance in the street, play amongst the Story Trees or just sit back and enjoy the delicious food on offer.

**Luminous Puppet - Marrt Dyln**

Enter a luminous landscape featuring Marrt Dyln, meaning 'Great Woman' in Eora language. Experience this incredible moment as she weaves her captivating story...

Illuminating the Crown Street Mall with her six metre high splendour, Marrt Dyln is the magnificent creative centrepiece for Nights on Crown 2019. Her presence is a symbol of the coming together of people on the land of our oldest continually living culture. Each evening she will perform and move through the landscape, inviting children to sit with her and share their hopes and dreams for the future....



Orta Visual & Physical Inc.



[www.wollongongcitycentre.com.au](http://www.wollongongcitycentre.com.au)  
 Facebook: [facebook.com/crownstmall](https://www.facebook.com/crownstmall)



# SCHOOL HOLIDAY

## Football clinics

JULY 2019

School Holiday Clinics provide players (aged 5-12 years) and goalkeepers (aged 10-15 years) with the opportunity to be coached by some of our leading coaches.

You will spend the mornings with members of FSC's coaching staff working on your football skills and having a lot of fun!

### WEEK 1 (8 - 11 JULY)

Thirroul (Thomas Gibson Park) 9am-12pm  
Albion Park (Terry Reserve) 9am-12pm  
Balgownie\* (Judy Masters Oval) 9am-12pm

*\*Includes Goalkeeping Clinic*

### WEEK 2 (15 - 18 JULY)

Helensburgh (Rex Jackson Oval) 9am-12pm  
Unanderra (Unanderra Oval) 9am-12pm  
Gerringong (Gerry Emery Reserve) 9am-12pm

### FUTSAL CLINIC (15 - 17 JULY)

Fraternity Club Futsal Courts (9.30am - 11.30am)  
\$70.00

**\$95**  
FROM  
PER PERSON


**REGISTRATIONS  
NOW OPEN**

For more information, visit [www.footballsouthcoast.com](http://www.footballsouthcoast.com) or email [office@footballsouthcoast.com](mailto:office@footballsouthcoast.com) or call 42856929

**HAVE FUN. MAKE FRIENDS. LEARN NEW SKILLS.**

JULY  
SCHOOL  
HOLIDAYS

A MERRIGONG THEATRE COMPANY AND  
BLEACH FESTIVAL PRODUCTION



# The Surfer and the Mermaid<sup>\*</sup>

BY TIM BAKER. IMAGES BY TED GRAMBEAU

A FEEL-GOOD STAGE ADAPTATION OF  
THE GORGEOUS CHILDREN'S BOOK!

18 – 20 JULY

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MADE AT  
MERRIGONG

Bleach<sup>\*</sup>  
The Gold Coast Festival

NSW  
GOVERNMENT

GOVERNMENT  
OF NEW SOUTH WALES

WOLLONGONG  
CITY COUNCIL

Merrigong Theatre Company members  
include: Merrigong Theatre and the  
Bleach Festival, Bleach Festival and the  
Merrigong City Council.

CITY OF  
GOLDCOAST.

Peoplecare

# SCHOOL HOLIDAYS

## JULY 2019

**MON 8 JULY**

Basketball, Soccer, Running Games

**TUES 9 JULY**

Parkour, Little Ninjas, Arts and Crafts

**WED 10 JULY**

Gymnastics, Netball, Cupcake making

**THURS 11 JULY**

Mixed sports, slime making

**FRI 12 JULY**

Volley Ball, Boxing, Arts and Crafts

**MON 15 JULY**

Mix Sports, Cookie Making

**TUES 16 JULY**

**CREATIVE KIDS WORKSHOP**  
Circus, Dance, Mini Master Chef,  
Arts and Crafts

**WED 17 JULY**

Gymnastics, Arts and crafts,  
Mini Olympics

**THURS 18 JULY**

Dance Arco and tumbling, Science experiments

**FRI 19 JULY**

Soccer, Basketball, Boxing

**CREATIVE  
KIDS DAY  
16TH AND 18TH  
\$100  
9AM TO 3PM  
BOOK USING  
CREATIVE KIDS  
VOUCHER**

## SAVE TIME AND BOOK ONLINE!

Program is designed for children aged 5-12 years old and runs from 9.00am-3.00pm. Cost is \$40.00 per child, per day.

Please pack a water bottle, recess and lunch for your child.

*Participants must be PCYC members - \$10 per child, per year.*



02 4284 3878  
bulli@pcycnsw.org.au  
253 Princes Highway, Bulli

